

# Knucklehead Monk Stories

April 5 Learning Module  
The Me Instrument  
in the We Orchestra

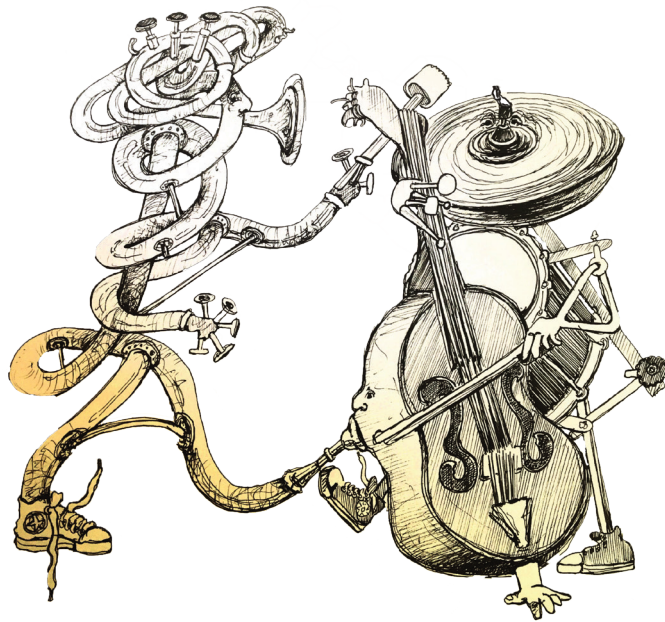


## Critical Thinking

Recommended for youth

A 4th century monk named “Basil the Great” said,  
*There is carpentry, which produces a chair; architecture, the house; shipbuilding, the ship; tailoring, the garment; forging, the blade. Of the useless arts there is harp, dancing, flute playing, of which, when the operation ceases, the result disappears with it.*

1. Does the world today agree with what Basil said then?
2. Why does the world agree or not agree?
3. What is it that music makes?
4. What is it that martial arts makes?



## Listening

Recommended for ages 8+

Listen to an orchestra’s performance from one of your favourite movies’ soundtrack. Name some of the instruments you can hear. Can you hear them all playing together? Can you imagine our world in the same harmony?



## Creating

Recommended for ages 4+

Invent your own “Me Instrument” using items around your house—egg cartons, string, glue, recycled bits. What would your instrument be called? Describe the type of music it would play, and what other kinds of music would it go well with.

OR

Draw yourself as an “instrument”—you can be an instrument of music, medicine, science, math, language, arts, healing—anything you can be. Be fearless with your imagination! And then draw your “orchestra” of yourself and other instruments producing something good together!



Take a picture of all your work and submit to [admin@cmacdapo.com](mailto:admin@cmacdapo.com)  
Chosen pieces will be featured throughout the week.